



# ALL ABOUT APPLES!

An apple tree lives for a long time and an apple tree starts to grow apples when the tree is about 4 years old.

There are over 7,000 different types of apples grown in the world! They can be green red or yellow and they were first grown in Central Asia.

You could grow a tree from an apple pip BUT it would take a really long time!

Also you would not know if the apple would be from the same family and how tall the tree would be. So gardeners have 'rootstock' that they know will grow just as they want them to and they attach a new little branch onto the tree to make sure it all goes well.

Winter is the time for trees to sleep. But in Spring, when it gets warmer, the plants and trees awaken and the trees put out buds which turn into flowers. The flowers are called blossom and the colour tends to be white with pink. The flowers contain a sweet substance called nectar which bees love to eat and as they collect it, pollen rubs off on them and they move it about and pollinate the flowers. This means the flowers can now start to change and the tiny apples start to grow.

The apples grow and grow and get bigger and bigger and when it doesn't rain very much, the tree needs to be watered.

Some baby apples get blown off the tree and other ones can't stay healthy and get spots and a few others get eaten by worms and other insects. But the juicy ones grow and in the Autumn, they can be picked and eaten.

A hole needs to be dug with a spade that is large enough so that the tree feels comfortable and its roots will be able to get all the good things it needs from the soil. It is best if the tree is still young, only a few years old and it needs to be put in so it is straight - roots at the bottom. Sometimes it needs some help to stand up and a stick of wood attached to it so can protect it from the wind. The little tree needs a big drink of water from a watering can.

HUGE THANKS TO EVERYONE AT THE NORWICH COMMUNITY PLANT HUB FOR ALL THEIR EXPERTISE AND IDEAS.

HOW DO YOU MAKE AN APPLE  
PUFF?  
CHASE IT ROUND THE GARDEN

